

Rainbow Camp Suggested Items

- 1 sheet to cover your mattress and either a sleeping bag or a blanket
- Pillow & pillowcase
- Flashlight
- 3 bath towels, 3 washcloths, swim towels
- 1 plain white t-shirt
- A nice dress or pants and shirt for a special dinner
- 10 changes of clothing recommended:
- 10 sets of undergarments
- 4-6 pairs of shorts
- 1-2 pairs of blue jeans
- 6-8 pairs of socks
- 1-2 pairs of tennis shoes or sandals
- 10 shirts
- 1 windbreaker type jacket
- 2 sweatshirts
- Swimming suit
- Pajamas
- Raincoat or poncho
- Sunscreen (at least a 30) / chapstick with sunscreen/sun lotion (no oil)
- Comb/brush/hairdryer/toothbrush/toothpaste/mouthwash
- Soap (anti bacterial, i.e. Dial), shampoo
- Insect repellent (Deep Woods recommended). Will also be provided at camp
- Sunglasses/hat
- Items to use during free time (i.e. cards, books, etc.)

Optional Items:

- Watch/clock , fishing gear, camera, fan
- Talent Show material (i.e. musical instruments, dance attire, joke book, etc.)