



Family Camp Handbook

 CAMP RAINBOW 

www.camprainbow.com

Camp Rainbow is My Happy Place!

Welcome to Camp Rainbow 2021

Welcome! We are so excited that you are joining the Camp Rainbow family!

Since 1988, Camp Rainbow has been creating fun-filled, medically supported camp experiences for children and families affected by childhood cancer and blood-related diseases.

Camp is just around the corner and we are looking forward to having your family join us at Camp Rainbow this summer. Whether you are a new camper family or a returning camper family, camp promises to a magical time filled with laughter, friendship, and surprises!

This Camper Handbook is full of all kinds of important information so that you and your children are ready for camp!

WHEN AND WHERE

- Camp Rainbow Family Camp will be held September 3-6, 2021 at the Trout Lodge Family and Conference Center, YMCA of the Ozarks located in Potosi, MO.
- Website information is www.ymcaoftheozarks.org.
- Each family unit will have private accommodations within the lodge. These rooms are similar to hotel rooms and will include bedding, towels, and a private bathroom.

REGISTRATION

- Registration is from 6:00 p.m. – 9:00 p.m. on Friday, September 3. In order to provide a safe and socially distanced experience, we are asking that you register for the arrival time that works best for your family. You can use the link in the email from Heather to register.
- Upon arrival, volunteers will greet you at your vehicle to perform the covid screening. Once screened, your family will unload your vehicle and complete registration.

We are thrilled to spend the weekend with your family! Welcome again to the Camp Rainbow family!

Stephanie Dummerth and David Stuckel
Family Camp Program Co-Directors

Heather Bachman
Executive Director

Jen Clark
Director of Camps

Camp Rainbow 101

At Camp you will see members of the Camp Rainbow Foundation year round camp staff support team. These staff members include the following:



Heather Bachman
Executive Director
heather@camprainbow.com

Jen Clark
Director of Camps
jen@camprainbow.com



Tricia McCaffrey
Volunteer and Acquisition Coordinator
tricia@camprainbow.com

Suzanne Slagle
Office Manager
suzanne@camprainbow.com



The magical and amazing programming at each of our camps happens through the dedication and commitment of a team of Camp Program Directors. These men and women are volunteers who work with teams of volunteers to plan each minute of magic.

All of the volunteers are carefully selected through a process which includes a written application, thorough background screen, written references, and a personal interview. Volunteers are chosen because of their ability to work with children, maturity, experience, and their enthusiasm. All volunteers must complete online training modules as well as attend an on-site orientation prior to their assigned camp session. At Camp Rainbow we are proud to have a caring and committed close-knit family of volunteers who love to give their time and energy to ensure your child has a safe, fun, and magic-filled camp experience.

The Camp Program Co-Directors at Camp Rainbow Family Camp are



Stephanie Dummerth and David Stuckel
Co-Program Directors Family Camp
stephanie@camprainbow.com david@camprainbow.com

HOW WE CHOOSE OUR CAMPERS

Referred to our camps by their pediatric oncology facility, our campers range in age from 4 years through 20 years old. We draw from the 3 major pediatric hospitals in St. Louis: Mercy Children's Hospital, Cardinal Glennon Children's Hospital, and St. Louis Children's Hospital. Primarily our campers come to camp from the Missouri/ Illinois bi-state area.

Camp Rainbow management works closely with the hospital treating teams to review camper applications and register campers in our camp programs. Preference is given to children newly diagnosed who have never been to camp before. The hospital treating team consists of the social worker(s), child life specialist(s), nurses, and physicians.

Camp Rainbow medical personnel will have the sole discretion to determine the level of health care and treatment provided to campers while at camp. If the decision is made by the medical personnel, team, or medical director that the camper's health care needs exceed the level of care able to be provided in the camp setting, the camper will not be accepted and registered for camp.

TYPICAL DAILY SCHEDULE

Camp Rainbow campers love camp because this is their opportunity to participate in traditional camp experiences. These may include arts & crafts, archery, fishing, swimming, boating, sports games, team building, drama, music, STEM, and nature. Don't be surprised if daily programming also includes some amazing, over the top surprises and treats as well! We love to spoil our campers. Our goal is to create the most magical camp on earth.

Although each day is different, a typical day at Camp Rainbow follows the format below:

- Breakfast:** Please check your personalized schedule for all meal times.
- Activities:** Cohort or small groups of campers and assigned volunteers will participate in traditional camp activities. Please check your personalized schedule upon arrival for your assigned activities.
- Lunch:** Please check your personalized schedule for all meal times.
- Free Time:** Afternoons provide the Family Camp families with an opportunity to be as adventurous or relaxed as they choose. Each morning, families will be given the opportunity to sign up for activities if wanted. This is also a great time to take a hike, take a nap, or hang out on the beach.
- Dinner:** Please check your personalized schedule for all meal times.
- Evening Activities:** Each evening at Camp Rainbow, there are fun and unique evening programs planned.

Please note, we expect families to attend the assigned activities. In the event your family needs special accommodations, please be sure to connect with a member of the Camp Rainbow team to discuss further.

LOCATION

Medical Care While at Camp

MEMO FROM MEDICAL STAFF

Welcome to Camp Rainbow!

The Health Center at Camp Rainbow is staffed by licensed medical professionals during camp sessions. For our camps serving oncology patients, the medical staff includes hematology/oncology nurses. These nurses are the same nurses that regularly see and treat your children at the local hospitals. For our SIBS Camp, the medical staff includes a fully licensed team of nurses. The nurses are equipped and prepared to continue the physician ordered treatments your child is currently receiving which includes the administration of daily medications.

Emergencies will be handled, as needed, 24 hours a day. Our Health Center is fully stocked with the medical equipment and supplies needed to provide safe care of your child.

In the event a serious medical problem arises or the need for a non-routine medical procedure, we will be sure to contact you and your child's regular doctor to arrange for care.

WHAT TO BRING

Please be sure to bring all necessary medications and supplies. Only basic emergency and first aid supplies will be available through the Health Center.

MEDICAL DOCUMENTS

Blood Counts - For all children actively on chemotherapy/radiation treatment: a blood count must be taken at least one week prior to camp. Test results will be provided to Camp Rainbow by the treating hospital. Please ensure your child is current with labs.

THIS IS A REQUIREMENT FOR EACH CHILD ON TREATMENT ATTENDING CAMP.

What to Bring

The list below is a suggested "What To Bring" checklist to help your family pack for a fun weekend.

Camp Rainbow does not supply laundry services.

- Casual attire
- Jacket/sweatshirt
- Swim attire and beach towels.
- Personal care items
- Sunscreen and insect repellent
- Flashlight
- Long pants
- Closed toe shoes / Tennis shoes
- Clothing for a family photo session
- We will be hosting a beach party during the weekend. Please plan to wear bright colored clothing or swimsuits and plan to get wet!

ALSO WHAT NOT TO BRING

Camp Rainbow will provide the supplies you need for our activities. Please do not bring personal sport equipment (other than a fishing pole), animals or pets, valuable jewelry, weapons or any item that can be used to inflict injury, drugs and alcohol, marijuana in any form, CBD products, cigarettes/e-cigarettes/vaping products, items or clothing that advertise drugs/alcohol/profanity.

LOST AND FOUND

Lost and found items will be collected throughout the weekend and stored in a central location at camp. At the end of the camp session, the remaining items will be displayed during closing ceremonies. Please double check these items before departing with your camper. Any lost and found items left at camp and not claimed within one week, will be donated. Camp Rainbow is not responsible for lost and found items.

Thank You to our Community

Camp Rainbow wouldn't be the special place it is without the many volunteers that help create the magic! We want to be sure to recognize the many volunteers that help to transition our traditional camps into this summer's Camp-At-Home with virtual programming.

Together with the many donors and co-sponsors of Camp Rainbow, we present to you....

Camp Rainbow is our Happy Place ...



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SUNNEN

... Thank You!



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